



What is CASA?

The Interreg IVC project CASA is about the development of regional policy and exchange of knowledge around the large-scale implementation of innovative ICT and services for i In the CASA project 14 participating organisations from 13 European regions interact on the topic of policy development to give a boost to the implementation of AAL solutions. We do that among others by study visits, exchange of good practices, secondments and a final conference during the period 2012-2014.

The study visits in the participating regions will be about themes like: monitoring, safety and self management, social interaction, chronic diseases, healthy lifestyle and rehabilitation, informal care, telemedicine evaluation model, mobility and liveability integrated regional policy, business and knowledge development, user driven innovation through public private partnership and large scale deployment. independent living.

Focus of Study Visit

The Study Visit is being organised by NHS 24's Scottish Centre for Telehealth and Telecare, with assistance from the City of Edinburgh Council and NHS Lothian.

The visit will focus on national initiatives for ehealth, telehealth, telecare and digital health in Scotland. The underpinning themes of chronic disease management and the integration of health and social care services will feature throughout the visit.

Day 1 will provide participants with an overview of the health and care system in Scotland, including the national health and care integration agenda. It will also provide an overview of key national strategies including Scotland's Quality Strategy, Digital Strategy, national eHealth agenda and the National Delivery Plan for Telehealth and Telecare. NHS Lothian and the City of Edinburgh Council will describe their services for assisted living solutions.



A number of site visit options have been arranged for participants in the afternoon of Day 1 to enable them to see and hear about local assisted living services.

Day 2 will begin with further site visit options for participants before meeting up for lunch at the Royal College of Surgeons in Edinburgh. The final session of the Study Visit will be with Scotland's new Digital Health Institute where participants will hear about how academia, industry and health and care providers will work together to design, develop and deliver new innovative solutions for health and care.

Target audience

The visit should be of interest to regional policy makers, health and social care service planners and operational managers, experts and organisations with an interest in ehealth, telehealth and telecare and digital health; anyone with an interest in co-production.

Follow us

During the Study Visit, Twitter will be used for the exchange of ideas and opinions. Follow @casa_eu and use the hashtag #casa_Scotland in your tweets. **Study Visit**

Hosts

If you have any questions about the Visit, please contact:

Donna Henderson, Service Development Manager, Scottish Centre for Telehealth and Telecare. Email: donna.henderson1@nhs.net

During the Visit, if you have any questions or need assistance, please contact:

Donna Henderson – 07807 167562 or Nessa Barry – 07854 259891

Transport Information

The Airlink Express 100 bus goes direct from Edinburgh Airport (bus stance 19) to the city centre, every 10 minutes. It takes 30 minutes and costs £6 return. For the return journey, it leaves from Waverley Bridge, next to Waverley Railway Station.

Alternatively, there is a taxi rank at the airport opposite the main terminal. **Please note there is no train link to or from the airport.**

For further information on all transport options from Edinburgh Airport please go to <http://www.edinburghairport.com/transport-links/travel-into-edinburgh>.

Detailed Programme - Day 1 –Wednesday 12th March 2014

George Hotel, George Street, Edinburgh - <http://www.thegeorgehoteledinburgh.co.uk>

08.45 Registration and coffee

Please ensure that you arrive promptly at the George Hotel, George Street, Edinburgh at 08.45. This is just a short walk (8 minutes) from the Roxburghe Hotel along George Street.

09.00 Welcome and introduction to Scotland's health and social care system

Professor George Crooks, Medical Director, NHS 24 and Scottish Centre for Telehealth and Telecare (SCTT)

09.30 Overview of health and care integration in Edinburgh

Peter Gabbitas, Director of Health and Social Care, City of Edinburgh Council

10.00 eHealth in Scotland

Libby Morris, Primary Care eHealth Lead, Scottish Government

10.30 Coffee break

11.00 National Telehealth Programmes in Scotland

Prof Jim Ferguson, Clinical Lead, SCTT

11.30 The role of Telecare in health and care integration

Heather Laing, Service Manager, City of Edinburgh Council

12.00 Living it Up in Scotland

Janette Hughes, Living it Up Programme Manager, NHS 24

12.30 Lunch in hotel

13.30 Travel to Site Visits

Participants to travel to their selected site visit. Some are within walking distance and others will require a short bus ride. If you have any mobility difficulties which will limit your ability to walk to site visits, please let us know in advance so that we can arrange a taxi for you.

Please ensure that you go on the Site Visit that you have previously selected (the Site Visit number will be on your delegates badge) as places at each Site are restricted.

14.00 Site Visits

16.00 Travel back to Roxburghe Hotel

17.30 Leave from the Roxburghe Hotel to walk to Whisky Tour venue

Please be in the Roxburghe Hotel foyer at 17.30 as we will walk to the social evening location. The dress code is smart casual.

18. 15 – 22.30 Whisky Tour and Dinner

The Scotch Whisky Experience, The Scotch Whisky Heritage Centre, 354 Castlehill, The Royal Mile, Edinburgh, EH1 2NE – <http://www.scotchwhiskyexperience.co.uk>

Programme - Day 2 - Thursday 13th March 2014

08.45 Registration

*Roxburghe Hotel, George Street, Edinburgh - <http://theroxburghe.com>
Please meet in the foyer of the Roxburghe Hotel at 08.45. All site visits will leave from here – some are within walking distance and others will require bus transportation.*

09.00 Leave from hotel to get to Site Visits

Participants attend their selected site visit. Some are within walking distance and others will require a short bus ride.

09.30 Site Visits

12.00 Travel to lunch venue

12.30 - 13.30 Lunch

Royal College of Surgeons, Edinburgh - <http://www.rcsed.ac.uk>

13.30 Travel to Digital Health Institute session

Participants will walk to the meeting venue.

14.00 Scotland's new Digital Health Institute

Merchant's Hall, 22 Hanover Street, Edinburgh, EH2 2EP - <http://www.mcoe.org.uk/location.html>

*Sue Scotland / Justene Ewing, DHI / **Jim Ferguson***

16.00 End of Study Visit

Please note, that participants should arrange their own transport to Edinburgh Airport. Information about transport options can be found at the beginning of the Study Visit guide.

The final session of the Study Visit is only a short walk away from the Roxburghe Hotel, so participants may wish to leave their luggage at the hotel when they check out in the morning and pick it up at the end of the Study Visit, before departing for the airport.

It will take approximately 30 minutes by bus or taxi to get to the Airport so please allow enough time to get there in time for your flight check-in.

Site Visit Options

Wednesday 12th March 2014 – 13.30 – 16.00

Site Visit 1 – Supporting Older People through Technology

Dunedin Canmore Housing Association, Elizabeth Maginnes Court – sheltered housing for older people 2-12 Royston Mains, Crescent, EH5 1RJ (bus transport will be provided).

HOST – Heather Laing (07825 256638)

- Background to housing model and technology in housing for older people
- Telecare presentation and equipment display
- Local Living it Up project presentation

Site Visit 2 – Using technology to manage chronic diseases

McWilliam Room, The Glasite Meeting House, 33 Barony Street, Edinburgh, EH3 6NX (walking distance)

HOST – Cathy Dorrian (07825 386322)

- Light touch home monitoring project
- COPD Digital PC
- Respiratory rate monitoring
- TeleScot Diabetes project
- Plans to evaluate electronic dosette boxes

Site Visit 3 – NHS 24's National Telehealth Service and Scottish Centre for Telehealth and Telecare

NHS 24, Norseman House, South Queensferry (bus transport will be provided)

HOSTS – Nessa Barry (07854 259891) / Lynn Garrett

- NHS 24 national telehealth service
- NHS Inform
- Overview of Scottish Centre for Telehealth and Telecare
- Tour of NHS 24

Site Visit 4 – Integrated Care and eHealth in Scotland

New Register House, Princes Street, Edinburgh, EH1 3YT (within walking distance)

HOST – Donna Henderson (07807 167562) / Alistair Hodgkins

Scottish Government's Integrated Bill and eHealth Teams will present:

- Scotland's Integrated Health and Care Bill
- Progress in Scotland with integration
- Scotland's eHealth Strategy
- National approaches to eHealth in Scotland

Thursday 13th March 2014 – 09.30 – 12.00

Site Visit 5 – Supporting Older People through Technology (a repeat of Site Visit 1)

Dunedin Canmore Housing Association, Elizabeth Maginnes Court – 2-12 Royston Mains, Crescent, EH5 1RJ (bus transport will be provided)

HOST – Heather Laing (07825 256638)

- Background to housing model and technology in housing
- Telecare presentation and equipment display
- Local Living it Up project presentation

Site Visit 6 – Using technology to manage chronic diseases (a repeat of Site Visit 2)

McWilliam Room, The Glasite Meeting House, 33 Barony Street, Edinburgh, EH3 6NX (walking distance)

HOST – Cathy Dorrian (07825 386 322)

- Light touch home monitoring project
- COPD Digital PC
- Respiratory rate monitoring
- TeleScot Diabetes project
- Plans to evaluate electronic dosette boxes

Site Visit 7 – NHS 24’s National Telehealth Service and Scottish Centre for Telehealth and Telecare (a repeat of Site Visit 3)

NHS 24, Norseman House, South Queensferry (bus transport provided)

HOSTS- Nessa Barry (07854 259891) / Lynn Garrett

- NHS 24 national telehealth service
- NHS Inform
- Overview of Scottish Centre for Telehealth and Telecare
- Tour of NHS 24

Site Visit 8 – Integrated Care and eHealth in Scotland (a repeat of Site Visit 4)

New Register House, Princes Street, Edinburgh, EH1 3YT (within walking distance)

HOST – Alistair Hodgkins (07896 935480)

Scottish Government’s Integrated Bill and eHealth Teams will present:

- Scotland’s Integrated Health and Care Bill
- Progress in Scotland with integration
- Scotland’s eHealth Strategy
- National approaches to eHealth in Scotland

Site Visit 9 – eHealth Research Group, Edinburgh University (this visit is only available on Thursday morning)

McEwan Hall Reception Room, Teviot Place, Edinburgh, EH8 9AG (within walking distance)

HOST – Donna Henderson (07807 167562)

Dr Claudia Pagliari, Lead for eHealth Interdisciplinary Research Group, University of Edinburgh

- Key lessons from eHealth Research in Scotland